

## **Schenectady County Parent Resources**

### **Parson's Child & Family Center**

60 Academy Road, Albany, NY 12208

518-426-2600

518-447-5234 (fax)

General Inquiries: [communications@parsonscenter.org](mailto:communications@parsonscenter.org)

Web Site Inquiries: [russomm@parsonscenter.org](mailto:russomm@parsonscenter.org)

Schenectady County Single Point of Access (SPOA) designee

518-386-2218

Individualized Care Coordination

Crisis Response Services

Intensive In-home Services

Respite Care

Family Support Services

Skill Building Services

### **Family & Child Service of Schenectady**

246 Union Street, Schenectady, NY 12305

(518) 393-1369

(518) 393-3601

[www.familyandchildservice.com](http://www.familyandchildservice.com)

Non-profit 501(c)3 – fosters development of wholesome family life by helping families and individuals of any age from every social and economic class in Schenectady and surrounding areas.

Provides:

Counseling for at-risk teenagers

Respite for caregivers

Services enabling elderly or disabled people to remain at home

Services to keep families strong, healthy, happy and safe

### **Things of My Very Own, Inc.**

Central Business Office: 1011 Cheyenne Road, Glenville, NY 12302

518-630-6137

[info@tomvo.org](mailto:info@tomvo.org)

501(c)3 Non-Profit Corporation

Provides supportive services to abused, neglected, displaced and 'at-risk' children.

Provide needed personal items in emergency situations

Life skill development programs

Foster parent education classes

Academic support

Transitional assistance

Related services on a referral basis

**The Child Guidance Center at Northeast**

530 Franklin Street , 2nd Floor, Schenectady, New York 12305

518-381-8911

518-377-4292 (fax)

Provides:

Emotional well-being screenings and assessment

Comprehensive mental health treatment services for:

- Attention Deficit Hyperactivity Disorder
- Anxiety disorders
- Depression
- Trauma
- Mood, Adjustment, and Oppositional Defiant Disorders
- Individual therapy
- Family therapy
- Psychiatric evaluation
- Medication review and management
- Psychological assessment
- Psycho-educational groups for parents
- Coordination with other service providers, schools and primary care physicians

**Community Human Services**

543 Saratoga Road, Glenville, NY 12302

518-399-4624

<http://www.chsny.org/>

Provides services to Youth/Families.

CHS is a 501(c)(3) not for profit corporation

Family Support Services

- Advocacy
- CHS Asperger's Parent Support Group
- Proactive Intervention and Information

Family Foundations

- Offered to parents of children with challenging behaviors (ages 2-5)

Job Match and Employment Skills Program for teens

**ASPIRe NY, Inc.**

15 Carlyle Terrace, Saratoga Springs, NY 12866

(518) 932-4356

[info@aspireny.org](mailto:info@aspireny.org)

Community based recreation and activity group for teens and young adults with Asperger's Syndrome and High Functioning Autism, P.D.D.N.O.S. and other disorders of social relatedness.

**Schenectady YMCA**

433 State Street, Schenectady, NY 12305

Phone: (518) 881-0117

Childcare information or rates call 518.869.3500

Swim, Sports & Play

Camps

**Saratoga Bridges, NYSARC, Inc.**

16 Saratoga Bridges Boulevard, Ballston Spa, NY 12020

518-587-0723

[info@saratogabridges.org](mailto:info@saratogabridges.org)

Human Services Organization

Provides services to people with developmental disabilities and their families,

Medicaid Service Coordination

Respite Services

Family Education & Training (FET)

OPWDD Family Support Services

Traumatic Brain Injury Services

Independent Living Skills Training

**United Way of the Greater Capital Region (Northeast Region)**

Dial 2-1-1 for free, confidential information and referral on issues concerning:

Food

Housing

Child Care

Employment

Health Care

Senior Care

Substance Abuse

Mental Health

Financial Problems

Crisis Counseling

Legal Matters

Volunteer Opportunities

**Cornell Cooperative Extension**

Schenectady County, 107 Nott Terrace, Suite 301, Schenectady, NY 12308

(518) 372-1622

(518) 372-8703 (fax)

[Schenectady@cornell.edu](mailto:Schenectady@cornell.edu)

WIC program

4H – Hands-on learning for children and teens

**Big Brothers Big Sisters of the Capital Region**

1698 Central Avenue, Albany, NY 12205

(518) 862-1250

[info@bbbscr.org](mailto:info@bbbscr.org)

<http://www.bbbscr.org>

Individual Mentoring

Community-based Mentoring

Site-Based Mentoring

**Schenectady ARC (Advocacy, Resources and Choices)**

Administrative Offices, 214 State Street - P.O. Box 2236, Schenectady, NY 12301-2236

Phone: (518) 372-1160

Fax: (518) 377-2189

Intake Specialist 518-372-1160

<http://www.arcschenectady.org>

Provide a wide array of services that support families of individuals with developmental disabilities who reside at home. In-home respite services give temporary, periodic relief from care-giving responsibilities. Integrated after-school programs provide services in conjunction with the YMCA to children in the Scotia-Glenville school district. In addition, parental support groups are available to bring families together to discuss common issues.

**Bethesda House**

834 State Street, Schenectady, NY 12307

518-374-7873

<http://www.bethesdahouseschenectady.org>

Interfaith ministry to the homeless, disabled and economically disadvantaged citizens of Schenectady County. Provides:

Emergency/Crisis Assistance

Housing/Outreach Case Management

Representative Payee Financial Management Program

Women's Support

**Catholic Charities Family Counseling of Schenectady County**

1473 Erie Blvd., Schenectady, NY 12305

Phone: (518) 372-5667

Fax: (518) 372-5686

Intake, assessment and treatment of a range of individual and interpersonal issues. Individual, couple and family counseling, group work where warranted and feasible, consultation, advocacy and referral.

**Capital District Developmental Disabilities Services Office**

500 Balltown Road, Bldg. 10, Schenectady, NY 12304

(518) 370-7331 Administration

Service Coordination, Family Support, Residential Service Options for children and youth with disabilities. OMRDD eligibility.

**Parent Network of the Capital Region (PNCR)**

1190 Troy-Schenectady Rd., Latham, NY 12110

518-640-3320

518-640-3401 (fax)

Provide parents with the knowledge, skills, resources and support to effectively advocate for their children and to facilitate productive relationships between parents and school districts for the benefit of students with disabilities. Services are free-of-charge to parents, service providers, disability organizations and schools.

**Parent to Parent of NYS**

500 Balltown Road  
Schenectady, NY 12304  
518-381-4370  
800-305-8817  
518-393-9607

[www.ptopnys.org](http://www.ptopnys.org)

e-mail: [info@ptopnys.org](mailto:info@ptopnys.org)

Information on Special Education and IDEA for families of children with disabilities and professionals who support them.

Provides:

- Parent Training & Information Centers (PTIC)
- Individualized assistance with special education concerns
- Workshops and presentations on important special education topics as they relate to the students, families, and professionals working with students
- Family to Family Health Information – a family-staffed organization that assists families of children and youth with special health care needs and the professionals who serve them

**City Mission of Schenectady**

P.O. Box 760, Schenectady, NY 12301

Phone: (518) 346-2275

Fax: (518) 346-2470

[www.citymission.com](http://www.citymission.com)

Services include:

- Food Services Program
- Community Outreach
- Emergency Shelter
- Transitional Housing
- Learning & Resource Development Center
- Clothing/Thrift & Distribution Center
- Medical Clinic

**Legal Aid Society**

Albany Office (Serves Schenectady County)

55 Colvin Avenue, Albany, New York 12206

Toll-free: 1-800-462-2922

518-462-6765

518-427-8352 (fax)

Emergency help for:

- Court hearing or other legal deadline within 5 business days
- No food
- No shelter
- Child taken by CPS or other unauthorized person

Income guidelines – family income should be at or below 125.0% of the poverty level.

**CAPTAIN Youth & Family Services**

5 Municipal Plaza, Clifton Park, NY 12065

518-371-1185

518-383-7997 FAX

800-924-4636 Emergency Youth Shelter

518-584-6042 Referral/In-take Youth Shelter

[www.captainyfs.org](http://www.captainyfs.org)

[info@captainyfs.org](mailto:info@captainyfs.org)

Provide emergency respite services for youth when situations at home become tense and chaotic. The CAPTAIN Youth Shelter contracts with Parsons Child and Family Center to administer the Medicaid Waiver Respite Program. Youth ages 13-17 years, with a qualifying emotional and complex mental health needs are eligible for this program.